

Waxa maamula waalido ugu tala galay waalido lamid ah ood daryeela ya

(Somali)

Caawinta reera yaasha in wax loogu qabto sida loogu tala galay

Waxaanu nahay dad ilaaliya caruur ama dad waawayn oo xanuusan inta udhaxays (0-25 years) iyaga oo caawimo uga baah naan kara xaga tacliinta, amaba ah dad aad u xanuusan.

Waxa aanu lashaqaynaa Bristol City Council, NHS Bristol iyo guruubada kaladuwan ee caawiya dadka iyo caruurta caawimada ubaahan si wax lootaro.

Waxa aanu sidan usamaynaa si wax tarka caruurta iyo dadka waawayn ee lamidka ihiba sida ugu fiican wax lootaro, taa oo dhiiri galinaysa in aad raadsato xuquuqdaada.

Siyaabo badan ookala duwan ayaad noola soconkartaa:

- Nagala soo xidhiidh waxa Adan waxkaala qaban karno
- Kaalay shirarkayaga inta jeer ee aanu dhigano sanadkii
- Kaalay bilkasta shirarka yaryar ee aanu samayno si aad ula kulanto waa lidada kulamidka ah, si aad wakhti uhesho iyo caawimoba.
- Noqo qof caawiya waalidka kula midka ah oo ka tirsan Bristol Parent Carers ee aanu nahay.
- Soo gal guruubkayaga uqaa bilsan in ay lashaqee yaan Bristol City Council and NHS Bristol
- Soo gal guruubkayaga gaar ahaan kasha qeeya shirar kayaga
- Ku soo biiir xaga iimeelka xisbiga si aad u ogaato waxa dhacaya goor iyo ayaan ee kukhuseeya.

Waxaanu aad ujec laysan lahayn in aanu kaa war helo. Hadii aad xiisaynaysid aad na ubaahan tahay turjubaan nala soo xidhiidh.

Kaqaayb gal and dareen in aad nod leedahay!

Fadlan nala soo xidhiidh siyaaba ha kala duwan:

 <p>Bristol Parent Carers Shaping the future together Independent Voice For families of children & young people with disabilities, special needs & life-limiting conditions, 0-25 years</p>	<p>Participation Forum Working in partnership with BCC and NHS Bristol to design better services for our children</p> <p>Run by parent carer volunteers, for parent carers</p> <p>Website: www.bristolparentcarers.org.uk Email: rosie@bristolparentcarers.org.uk Tel: 0117 9396645 ext 204, Mon, Tues & Thursdays or 0845 642 0124 (Local Rate)</p> <p> Bristol Parent Carers  @BRSParentCarers</p>
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